

Advisory Council on Aging and Disability Services

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Creating choices for elders and adults with disabilities in Seattle-King County

MONTHLY MEETING SEPTEMBER 10, 2004

MEMBERS PRESENT

CITY OF SEATTLE	KING COUNTY	UNITED WAY
<input checked="" type="checkbox"/> Thelma Coney	<input checked="" type="checkbox"/> Gabriel Cohen, Vice	<input checked="" type="checkbox"/> Martha Becker
<input checked="" type="checkbox"/> Joanne Brekke	<input checked="" type="checkbox"/> Helen Spencer	<input checked="" type="checkbox"/> Will Parry
<input type="checkbox"/> Adam John	<input checked="" type="checkbox"/> John Holecek	<input type="checkbox"/> Thelma Pegues
<input type="checkbox"/> Alexandra Tu	<input checked="" type="checkbox"/> John Barnett	<input checked="" type="checkbox"/> Timmie Faghin, Chair
<input type="checkbox"/> Tom Rasmussen	<input checked="" type="checkbox"/> Larry Verhei	<input checked="" type="checkbox"/> Don Moreland
<input type="checkbox"/> Larry Low, Secretary	<input type="checkbox"/> Steve Colwell	<input checked="" type="checkbox"/> Suzanne Wiley
<input type="checkbox"/> Vacant	<input checked="" type="checkbox"/> Lisa Yeager, Member At Large	<input type="checkbox"/> Midge Levy
<input type="checkbox"/> Vacant	<input type="checkbox"/> Vacant	<input type="checkbox"/> Vacant
<input type="checkbox"/> Vacant	<input type="checkbox"/> Vacant	<input type="checkbox"/> Vacant

Excused Absence Alexandra Tu, Larry Low, Midge Levy and Thelma Pegues

Guests Pat Melgard, Catherine Wu, Denise Klein, Marta Vega, Irma Farsch and Houston Brown

ADS Staff Pamela Piering, Selina Chow, Rosemary Cunningham, Linda Wells, Margaret Casey and Ozell Bledsoe

United Way Staff Linda Woodall

~~DRAFT~~ MINUTES

Timmie Faghin, Chair convened the Advisory Council meeting at 12:00 p.m. and asked everyone attending to introduce themselves. Timmie asked if there were any requests for changes to the minutes or the order of the agenda. There were no requests for changes.

Action Taken: It was moved/seconded and passed that the August 13, 2004 minutes be approved as presented.

Timmie introduced speakers: **Denise Klein**, CEO, Senior Service and **Rosemary Cunningham**, Planning & Technology Support Manager, Aging & Disability Services.

In association with the Area Agency on Aging for Seattle-King County and sponsored by:



City of Seattle



King County

Denise Klein provided an outline of Senior Services Strategic Planning process and discussed plans to form 20 community focus groups to address ways to broaden goals, increase visibility, attract new donors, and increase productive community partnerships. She passed out 1) focus group questions addressing senior groups, caregiver groups and provider groups and 2) a list of strategic planning issue briefs including: (assisted living, boomer trends, economic security, health care, long term care, Medicaid and Medicare). Denise described the steering committee and requested Advisory Council members to participate in one of the focus groups. Seven members expressed an interest in participating and agreed to meet with her Friday, September 24th.

PROGRAM TOPIC

REVIEW OF AGING & DISABILITY SERVICES 2004-07 AREA PLAN ON AGING

Rosemary Cunningham provided a power point presentation review of the 2004-07 Area Plan Community Indicators. She began by proposing two questions: "Can ADS and partners make a measurable difference in the lives of older adults in our community?" and "Are we focusing on the right things?" She reported on indicators for the Area Plan for each of the four goal areas: 1] Address basic needs; 2] Improve physical and mental health; 3] Foster civic and social engagement, and 4] Enhance independence for frail elders and people with disabilities. Rosemary reviewed data from a national survey by the AdvantAge Initiative 2000 census and the Department of Health Behavioral Risk Factors Surveillance System. We are gathering baseline data and will track progress on indicators through the Area Plan and revisit with Advisory Council on action steps based on initiative data findings.

BUSINESS MEETING

New Business

Helen Spencer reported that she confirmed the Auburn Senior Center site for the Advisory Council annual retreat Friday, January 14, 2005.

Suzanne Wiley reported the **Nomination Committee** recommends maintaining the current slate of officers to serve a second term to ensure continuity and good stability. She reports they (except Larry Low, who is out of town) were asked and all have agreed to serve if approved. **Current Officers** are: **Timmie Faghin**, Chair

Gabriel Cohen, Vice-Chair

Larry Low, Secretary

Lisa Yeager, Member At Large

COMMITTEE AND TASK FORCE REPORTS

Planning and Allocation Committee

Thelma Coney reported the P&A Committee is waiting on the Mayors Budget report and there are no updates at this time.

State Council on Aging

Joanne Brekke reported they have not met since June and the next meeting will be at the end of September.

Outreach and Advocacy and Health Care Task Force

Gabe Cohen reported O&A Committee met jointly with the Health Care Task Force and they heard an excellent presentation on how to access BenefitsCheckUp by Sally Farrell a representative from Washington State BenefitsCheckUp. BenefitsCheckUp helps people ages 55 and over find programs that may pay for some of the costs of prescription drugs, health care, utilities, and other essential items or services. For more information or to find programs that can assist visit their website at: www.benefitscheckup.org. **Don Moreland** reported on the September 29th Legislative Forum planning process and thanked Linda Wells for her outstanding leadership coordinating the event.

Technology Committee

Timmie Faghin asked if members were getting the Seniors Digest online, reading it and enjoying it. She requested suggestions for topics for future editions. Suggestions for topics were proposed including: a focus on developmental disabilities; chronic conditions & self management; volunteer options; social & civic engagement; hearing & vision loss and assistive devices; drug & alcohol addiction and over use of prescription drugs. Timmie encouraged members to employ their social & civic duty by voting in the upcoming Sept. 14th election.

DIRECTOR'S REPORT

Pam Piering provided updates on recent activities. Former member Cleo Corcoran (and husband George) is being honored by Foss Home & Village Saturday, Oct 9th. Please note two upcoming events: W4A Conference Thursday, October 14th at the Sea Tac Radisson Hotel and Senior Lobby Conference Friday, October 15th at the Sea Tac Hilton Conference Center. The "And Thou Shalt Honor" forum will be re-broadcast on TV channel 9 Sunday, Sept. 12th. Pam thanked Timmie Faghin for joining her in the King County Council Chambers to address the Regional Policy Committee on aging issues. Pam is developing a planning group and volunteers for the 2005 N4A Conference, July 10 – 13th 2005 at the Meydenbauer Center in Bellevue. Given the fall conference activities there will be fewer Legislative visits this year. The Mayors budget will be released September 27th.

The meeting was adjourned at 2:00 p.m.

NEXT MEETING

Program Topic:
SOCIAL & CIVIC ENGAGEMENT

Friday, October 8, 2004
12:00 – 2:00 p.m.
13th Floor Conference Room
Alaska Building
618 Second Ave, Seattle, WA 98104
www.adsadvisorycouncil.org

Lisa Yeager, Member At Large _____ **Approved 10/01/04**